

Mercury Seven -18.2mi - 6 bridges -Start/Stop Air Power
Park / Riverwalk out & back

18.2 miles

| Leg | Dir | Type | Notes | Total |
|-----|-----|--------------|---|-------|
| | → | Right | Turn right | 0.0 |
| 0.0 | ← | Left | Turn left onto Waterwalk at Central Park | 0.1 |
| 0.6 | → | Right | Turn right onto North Armistead Avenue, SR 134 | 0.7 |
| 0.0 | ↑ | U Turn | Make a U-turn onto North Armistead Avenue, SR 134 | 0.7 |
| 0.0 | → | Right | Turn right | 0.7 |
| 0.8 | → | Slight Right | Keep right | 1.5 |
| 0.0 | → | Slight Right | Keep right | 1.5 |
| 0.1 | ← | Left | Turn left | 1.6 |
| 0.0 | → | Right | Turn right | 1.6 |
| 0.0 | ← | Left | Turn left onto Coliseum Drive | 1.6 |
| 0.1 | ← | Left | Turn left | 1.7 |
| 0.0 | → | Sharp Right | Turn sharp right | 1.8 |
| 0.0 | → | Sharp Right | Turn sharp right | 1.8 |
| 0.1 | ↑ | Straight | Continue onto Waterwalk at Central Park | 1.9 |
| 0.2 | → | Right | Turn right | 2.1 |
| 0.0 | ← | Left | Turn left onto Coliseum Drive | 2.1 |
| 0.1 | ↑ | U Turn | Make a U-turn onto Coliseum Drive | 2.1 |
| 0.0 | ← | Left | Turn left | 2.2 |
| 0.0 | ← | Left | Turn left onto Coliseum Drive | 2.2 |
| 0.0 | ← | Left | Turn left onto Pine Chapel Road | 2.2 |
| 0.1 | → | Right | Turn right onto Commerce Drive | 2.3 |
| 0.0 | ← | Left | Turn left | 2.3 |
| 0.2 | → | Right | Turn right onto Commerce Drive | 2.5 |
| 0.0 | → | Right | Turn right onto Pine Chapel Road | 2.5 |
| 0.4 | ← | Left | Turn left onto Power Plant Parkway, SR 415 | 2.9 |
| 0.5 | → | Right | Turn right onto Ferncliff Drive | 3.3 |
| 0.1 | ↑ | Straight | At roundabout, take exit 1 onto Ferncliff Drive | 3.4 |
| 0.2 | → | Right | Turn right onto Evans Street | 3.6 |

| Leg | Dir | Type | Notes | Total |
|-----|-----|-------------|--|-------|
| 0.1 | ← | Left | Turn left onto Pickett Street | 3.7 |
| 0.2 | → | Right | Turn right onto Briarfield Road | 3.9 |
| 0.6 | → | Right | Turn right onto Aberdeen Road | 4.5 |
| 0.4 | → | Right | Turn right onto Wingfield Drive | 4.9 |
| 0.2 | ↑ | Straight | Continue | 5.1 |
| 0.0 | → | Right | Turn right onto Addison Court | 5.1 |
| 0.2 | → | Right | Turn right onto Briarfield Road | 5.3 |
| 0.3 | → | Sharp Right | Turn sharp right onto Big Bethel Rd | 5.6 |
| 0.4 | → | Right | Turn right onto Joynes Road | 6.0 |
| 0.1 | ← | Left | Turn left onto Bayhaven Drive | 6.1 |
| 0.5 | ← | Left | Turn left onto Guthrie Road | 6.5 |
| 0.2 | ← | Left | Turn left onto Twin Oaks Drive | 6.7 |
| 0.2 | → | Right | Turn right onto West Weaver Road | 6.9 |
| 0.8 | → | Right | Turn right onto West Queen Street | 7.7 |
| 0.4 | ← | Left | Turn left onto Power Plant Parkway, SR 415 | 8.2 |
| 0.1 | ↑ | U Turn | Make a U-turn onto Power Plant Parkway, SR 415 | 8.3 |
| 0.1 | ← | Sharp Left | Turn sharp left onto Power Plant Parkway, SR 415 | 8.4 |
| 0.1 | → | Right | Turn right onto Pine Chapel Road | 8.5 |
| 0.1 | ↑ | U Turn | Make a U-turn onto Pine Chapel Road | 8.5 |
| 0.1 | ↑ | U Turn | Make a U-turn onto Pine Chapel Road | 8.7 |
| 0.1 | → | Right | Turn right | 8.8 |
| 0.2 | → | Right | Turn right | 8.9 |
| 0.1 | ← | Left | Turn left | 9.0 |
| 0.1 | → | Right | Turn right onto Pine Chapel Road | 9.2 |
| 0.4 | → | Right | Turn right onto Coliseum Dr | 9.5 |
| 0.5 | ← | Left | Turn left onto Convention Center Boulevard | 10.1 |
| 0.5 | ← | Left | Turn left onto Gildner Road | 10.6 |
| 0.1 | → | Right | Turn right onto Windsor Drive | 10.7 |
| 0.0 | → | Right | Turn right onto West Mercury Boulevard, US 258 | 10.7 |
| 1.0 | → | Right | Turn right onto Easterly Avenue | 11.8 |
| 0.5 | ← | Left | Turn left onto Rip Rap Road | 12.3 |
| 0.0 | → | Right | Turn right onto North King Street | 12.3 |
| 0.3 | ← | Sharp Left | Turn sharp left onto Huffman Drive | 12.6 |
| 0.1 | → | Right | Turn right onto Cornell Drive | 12.7 |

| Leg | Dir | Type | Notes | Total |
|-----|-----|----------------|--|-------|
| 0.1 | ← | Left | Turn left onto Cherry Acres Drive | 12.8 |
| 0.5 | → | Right | Turn right onto Cherry Acres Drive | 13.3 |
| 0.0 | → | Right | Turn right onto East Mercury Boulevard, US 258 | 13.3 |
| 0.8 | → | Right | Turn right onto Stonehurst Road | 14.2 |
| 0.2 | ← | Left | Turn left onto North Boxwood Street | 14.4 |
| 0.3 | → | Right | Turn right | 14.7 |
| 0.1 | ← | Left | Turn left onto Myrtle Street | 14.8 |
| 0.0 | → | Right | Turn right onto East Pembroke Avenue, VA 351 | 14.9 |
| 0.3 | ← | Left | Turn left onto Marshall Street | 15.2 |
| 0.3 | → | Right | Turn right onto Eaton Street | 15.5 |
| 0.1 | → | Right | Turn right onto Lincoln Street | 15.5 |
| 0.8 | → | Right | Turn right onto North Back River Road | 16.3 |
| 0.6 | → | Right | Turn right onto Owen Street | 16.9 |
| 0.0 | ← | Left | Turn left onto North Armistead Avenue, SR 134 | 16.9 |
| 0.6 | → | Right | Turn right | 17.5 |
| 0.6 | ← | Left | Turn left | 18.0 |
| 0.1 | → | Sharp Right | Turn sharp right | 18.1 |

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